



Dear YDE parents,

I am very grateful to have been given the opportunity to cater the school lunches for your children this upcoming 2011/12 school year.

My goal is to provide the children with more fresh fruits and vegetables, whole grains, and un-processed food. Your children will be served food that is baked not fried, and yet still has great taste.

Since children eat with their eyes, I plan to present them lunches that are vibrant and exciting, while teaching them to enjoy “eating through the colors of the rainbow.”

With the help of a registered nutritionist, I’ve accumulated plenty of new ideas and advice on how to make healthy eating fun and delicious for our precious kids. Eating healthy from a young age will help build the correct foundation for the most important years.

With this lunch program you can rest assured that our children will be eating delicious, healthy, well balanced and satisfying lunches.

You will soon receive the school lunch menu for September. Within the first few weeks of school, each student can expect to receive a survey inquiring their food preferences or comments, to make sure we bring the very best to the table.

Any questions or comments please feel free to email me at eleanormaleh@gmail.com

About Eleanor Maleh

Eleanor has attended and graduated from the Institute of culinary education in Manhattan, as well as The Center for Kosher Culinary Arts in Brooklyn.

Over the past 3 years, she has worked for Mina Newman at the Edison Ballroom in Manhattan, as well as Ouri of Ouri’s Caterers and some others.